PRINCIPAL’S REPORT

We’re officially back at school… For 20% of the time!!
Thank you to all our families for reading the Phase 1 information carefully and following the guidelines. It has been wonderful to see our students returning on their designated colour house days!

I understand that the Phase 1 plan feels rigid, but this is to ensure that we are following all safety guidelines for both our Colour House and Essential Worker Groups.

A reminder that drop-off from 8:40am is contact free. As our on-site student numbers have significantly increased, all parents/carers are asked to say goodbye at the school gate allowing students to walk in independently. Keeping adults off-site as much as possible is a requirement of Phase 1, Phase 2 and Phase 3.

As soon a Phase 2 is announced, I will send home clear plans to the community via SchoolStream and email. Phase 2 will be focused around family groups and opportunities for students to be in class with their 2020 teacher.

Information updates
As you would be aware information around COVID-19 changes rapidly. Please keep monitoring SchoolStream and your email for official updates from the school.

Special Religious Education (SRE) and Special Education in Ethics (SEE) during Term 2
SRE and SEE will not be available in schools until we reach Phase 4. The Phase document is included in this newsletter. There are five live portal entries for those parents who are interested to continue their child’s participation in SRE/SEE lessons. These are not mandatory – they are optional for those interested parents/carers.

Approved providers for all faiths https://www.betterbalancedfutures.org.au/learningfromhome


COVID-19 Resources for parents/carers
Included in this newsletter is a resource called ‘COVID-19 Resources for parents.’ This is a collection of websites, articles and organisations that can be used to support you in this uncertain time.
**PRINCIPAL’S REPORT**

**Home Learning**
Modified ‘Home Learning Packages’ will continue going home, until we are back to full-time education.

There is plenty of work in the ‘Home Learning Package’ to fulfil the Department of Education’s requirements for 5 days of learning.
PRINCIPAL’S REPORT

At this time, I understand a few of our parents/carers are uncertain and do not wish to send their child to school for their designated one day per week. I would ask all parents/carers to watch the video sent via SchoolStream (Thursday 30 April) that outlines precautions taken, and read our detailed Phase 1 school response (Monday 4 May).

For Phase 1, students not coming to school will still be marked as 'attending' if parents/carers have notified the school via completion of a SchoolStream absent note and students are actively working on the ‘Home Learning’ Package.

I will provide more advice in each of the Return to School notifications as we move through the phases.

We look forward to a safe and speedy return to full-time education on-site for all our students!

CAROLINE ALFORD
PRINCIPAL
At all times
- Schools are safe places for students, teachers and staff.
- All students engage with a single unit of work.
- Keep up-to-date with your school’s communications to make sure you receive important messages about timetable changes.
- Any identified cases of COVID-19 will continue to be managed in line with health advice, including temporary school closures where necessary.

Learning from home
Practical resources and guides to support students are available at the department's Learning from home hub.

A managed return to school
Guidelines for families
OFFICE NEWS

Medical Info – We are in the process of our annual review of medical information. For those families who received an Individual Health Care Plan at the end of last term, please could they complete and return it to the school office as soon as possible with any updated supporting documentation.

Learning From Home – Please make sure you send a notification on SchoolStream or email your child’s class teacher to let them know your child is learning from home. To submit a SchoolStream notification, click on ‘School Information’ in the menu, then select ‘Absence form 2020’. If your child is learning from home please state this in the Reason for Absence section.

Office Hours – The School Office remains open during this time. You may contact us between 8.30am and 3.30pm. Please adhere to the new sign – One Family in the Office at any one time.

Contacting the School – Parents often have different surnames to their children so when contacting the school by email about your child please include your child’s full name and class.

SUE LEECE
ADMIN MANAGER

Catholic SRE Message

The Catholic Parish of Our Lady of Dolours Parish sends its best wishes to the children, families, and staff of Mowbray Public School community.

Simple to follow Catholic SRE lessons are available online at the following link:

SCHOOL NEWS

Science and Technology

In Year 2 for Science and Technology, students created their own Aboriginal Humpy Shelter using natural materials. Aston W from 2B got out into his backyard and had lots of fun creating his own humpy shelter.

Get the family Knitting or Crocheting for Wrap with Love

Since 1992, they have wrapped more than 414,000 people with love and warmth, in Australia and around the World.

Squares need to be, 25 cm x 25 cm. They can be knitted or crocheted with wool or acrylic.

A 25 cm (10 inch) square uses approximately 50g of 8 ply wool.

Finished squares can be returned to the office or to Mrs Appleby who will sew the squares together before sending off to the Wrap with Love foundation.

Simone Appleby
NSW PRC 2020

**K-2 students** are well underway with this year’s challenge which will be completed with their library teacher. Here are just some of the book titles from Term 2 we have read, and are also in the CBCA shortlisted book competition.

**3-6 students** – Students complete this optional challenge themselves. Students use their DoE login to enter books read. **Well done** to those students who have been entering books already into their student reading record!

Due to COVID-19 the rules have been adjusted for this year and participants can read 10 choice books and 10 PRC listed books to accumulate their required 20 book total.

Please encourage your child(s) to be part of this reading challenge endorsed by the Premier, Gladys Berejiklian.

For my information visit [https://online.det.nsw.edu.au/prc/home.html](https://online.det.nsw.edu.au/prc/home.html)

**HAPPY READING ADVENTURES, MOWBRAY.**

Mrs Duveck-Steele, Mrs Kapp and Mrs Neil-Smith

Library Team
Thursday, 7 May 2020

To our school community,

Re school bus services delivered by State Transit during COVID-19

Transport for NSW (TfNSW) is working closely with the Department of Education to ensure school students across the state get back to the classroom safely.

At State Transit we are proudly playing our role in making the return to face-to-face learning happen. This is one of the ways our people and our buses are continuing to support the community during the Coronavirus outbreak.

Parents and carers should make travel choices that suit their individual needs and circumstances but please know we are here to support them.

TfNSW continues to provide full public transport services across all modes during COVID-19 to enable essential travel, which includes State Transit’s buses.

Cleaning across the entire transport network has been ramped up to protect our customers and our people. State Transit’s entire bus fleet is sanitised every day, with a focus on high-touch areas like handrails, stop buttons and Opal readers.

We continue to promote and encourage social distancing, however this may not be possible at all times on buses carrying school students as we will not allow school children to be left at bus stops.

Please encourage students travelling with us to tap on and tap off with their Opal card, which helps us better understand travel patterns and service capacity.

We will continue to work with schools and monitor school services over the coming weeks.

The safety of your students and our bus drivers is my top priority. If you have any concerns during this time please contact your local State Transit depot.

Kind regards,

Daniela Fontana
Executive Director Customer Operations
State Transit Authority
COVID-19 Resources for Parents

WEBSITES

https://raisingchildren.net.au
Provides free, reliable, up-to-date and independent information to help families grow and thrive together. Contains information on COVID-19 and how to help your family cope.

www.esafety.gov.au
Information on how to stay safe online during the COVID-19 pandemic

www.parentline.org.au 1300 130 052
Provides telephone counselling, information and referral service for parents and carers of children ages 0 to 18 who live in New South Wales

www.familyreferralservice.com.au 1800 066 757
Brings together families, support services and community resources so that our children and young people are safe and well

https://coronavirus.beyondblue.org.au 1800 512 358
Information, advice and strategies to help you manage your wellbeing and mental health during the COVID-19 pandemic

https://emergingminds.com.au
Resources for parents and carers to best support their children and reduce worry and distress during the COVID-19 pandemic

ARTICLES

[Click on title to view article]

Coronavirus (COVID-19) and children in Australia
Communicating with your child about COVID-19
Physical distancing and family wellbeing
Home schooling & keeping kids busy during COVID-19
Helping your children get along during quarantine
What to Say to Your Child about the Coronavirus
Staying Sane When School is Closed
Working From Home with Kids

Official Coronavirus Information

NSW COVID-19 Website

Australian Government’s National Coronavirus Helpline
1800 020 080 (24 hours, 7 days a week)

Useful Contacts

Domestic Violence Line 1800 65 64 63
Mental Health Line 1800 011 511
Lifeline 13 11 14
Mensline 1300 78 99 78

In an emergency, please call 000 or go to a hospital emergency department
Mowbray P&C

2nd Hand Uniform Popup Shop

Postponed until further notice
MOWBRAY PUBLIC SCHOOL P&C Picks!

e info@mowbraypandc.org.au w www.mowbraypandc.org.au
Fb www.facebook.com/groups/MPSFF

POSTER & COFFEE SHOUT

Hope your kids all had a chance to contribute to the beautiful Teachers’ Poster in April. Our ten panel, kids’ greeting poster now smiles over the teachers in the Staffroom!
The Mowbray P&C was also able to shout a coffee for all Mowbray staff - we hope you feel appreciated and loved.

HOT CROSS BUNS/ICED BUNS

Thanks to Bakers Delight Lane Cove, In the Cove and the wonderful Lane Cove locals who donated via GoFundMe to buy Hot Cross Buns AND pink Iced Finger Buns for our local Lane Cove school teachers (60 for Mowbray, alone) and healthcare workers at Ryde and RNS Hospitals.
Hope you enjoyed them all.

ANZAC DAY HOME SERVICES

This year, due to COVID-19, some of our current and former Mowbray Band students (Bella J, Will & Gwen S, Ben & Liam G and Luke S) chose to respectfully honour 2020 by playing at ANZAC Day Home Services. Luke was due to play "The Last Post" at our school service but played at home, instead. (Our P&C Facebook group has the recordings). Lest We Forget.

MOWBRAY ROCKS

Join in with other Mowbray kids, families and locals in painting a rock! Safely hide, seek, keep or re-hide around Lane Cove North. Write #mowbrayrocks on the back so we know it's one of ours! Who will find the special I heart Mowbray rock?!
See the P&C Facebook Group “Mowbray Public School Families & Friends” for details and #stayconnected.

COMEDY FOR A CAUSE

POSTPONED - This will still be a fabulously funny and friendly night with many of our Mowbray adults getting together, but on the new date of Saturday 7 November 2020 from 6pm (fingers crossed) - comedyforacause.net/MOWBRAY
All purchased tickets will be valid for the new date.

Next P&C meeting: TBC
To connect with other Mowbray Parents and Carers
join the P&C Facebook Group...

JOIN OUR MOWBRAY P&C
FACEBOOK GROUP

Mowbray Public School Families and Friends

News, people, chat, reminders, photos, special offers, buy/sell/trade and much more ...

Parents/carers/school staff will be asked to provide their name, email address and child’s name and class, to join this closed-access Facebook Group.
Your details will be confirmed with the school.

www.facebook.com/groups/MPSFF
GROWING BIG LIVES
FREE ONLINE PARENTING WORKSHOP

Friday
29 May 2020
10.00am – 11.00am

via Zoom
Facilitated by a qualified Family Caseworker

MENTAL HEALTH
"Explaining those inside feelings and how to cope"

Provides information to parents of primary aged children around mental health needs and noticing symptoms of mental health concerns in children, how to promote healthy coping strategies, and where to get help.

WHAT YOU WILL NEED
Computer or laptop users will need a camera on this device, access to the internet and audio. Mobile or tablet users will need to download the Zoom app and have video, audio and internet.

BOOKINGS ESSENTIAL
M: 0481 602 083
E: intakefs@catholiccaredbb.org.au
GROWING BIG LIVES
FREE ONLINE PARENTING WORKSHOP

Friday
22 May 2020
10.00am – 11.00am

via Zoom
Facilitated by a qualified Family Caseworker

FREE

FAMILY RELATIONSHIPS
“The value of a positive and strong relationship”

Provides information to parents about why family relationships are important, ways to positively communicate with their children, why teamwork and showing appreciation for each family member is important.

WHAT YOU WILL NEED
Computer or laptop users will need a camera on this device, access to the internet and audio. Mobile or tablet users will need to download the Zoom app and have video, audio and internet.

BOOKINGS ESSENTIAL
M: 0481 602 083
E: intakefs@catholiccaredbb.org.au