

MOWBRAY NEWS

Term 3 Week 10
25 September 2019

PRINCIPAL'S REPORT

Canberra Camp

Last week our Stage 3 students visited our nation's capital – Canberra. The three day excursion included visits to Parliament House, War Memorial, Questacon, Australian Institute of Sport, Museum of Democracy and The Mint (just to name a few) It was a very busy three days! Our students were beautifully behaved, followed the instructions of the guides, asked relevant questions and represented Mowbray PS with pride.

It was wonderful to hear compliments from our guides at each stop as well as the general public. A big *THANK YOU* to Mrs Van Amersfort, Miss Kay, Mr McElhenny, Mrs Thomas and Mr Williams Veazey who accompanied our students with me for the three days. Without dedicated teachers, willing to give their personal time, camps like this can't happen – Thank you!

Community News – celebrating achievements

In our newsletter we try to include all achievements of our MPS students, including classroom and extra-curricular activities. We realise that not only are our children celebrating success at school, but also in community events (such as local sports teams, music and other programs). To showcase those achievements we are going to use the 'house box' in the entranceway to the school.

Students can write about their 'outside school' achievements and include a photograph on an A4 piece of paper. These achievement announcements will be displayed and then replaced in the 'house box' twice per term. Please send your child's achievement notification to the school office for collection and display.

Debating

A big CONGRATULATIONS to our Masterminds debating team who are regional champions! Thank you to Mr McElhenny for coaching them to victory in 2019.

Uniform review results

Thank you to all parents/carers who voted in the uniform review survey. The final results were:

*40% of the community responded.
55% were for a review, 45% against a review.*

As per the criteria, for a review 70% of the community needed to respond with a 70% support rate, this was not achieved. In conclusion, this means we will not be having a uniform review. However, students will be encouraged to wear full summer uniform on their return to school in Term 4. Thank you for your support.



PRINCIPAL'S REPORT

Have Your Say on Before and After School Care – Government Survey

The NSW Government is committed to providing before and after school care to all students of public primary schools in New South Wales. As part of the reform, [a parent web form](#) has been established by Service NSW that will enable parents to tell the department about their specific care needs and to stay up to date with any new developments.

The information provided by parents will help the Department of Education to understand your needs, give them insights into where there are gaps in service delivery and help to ensure the extra places are delivered where they are required.

Have your say today at <https://www.service.nsw.gov.au/basc>.

Wishing all our community a safe and happy holiday! We all return (students and teachers) on Monday 14 October.

CAROLINE ALFORD
PRINCIPAL

TELL THEM FROM ME

This term, our school will be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.



Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 26 August and 25 October. Although participating in the survey is entirely voluntary, your responses are very much appreciated.

To access the survey for our school go to: <http://nsw.tellthemfromme.com/mowbray2019>

MANDY RYAN
DEPUTY PRINCIPAL

PRINCIPAL'S REPORT

TERM 3 – DATES TO REMEMBER

WEEK 10

Friday 27 September	SRC Fundraiser for RSPCA – wear animal clothing and bring a gold coin donation Last day of Term 3
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TERM 4 – DATES TO REMEMBER

WEEK 1

Monday 14 October	School resumes for all students and staff
Tuesday 15 October	3-6 Assembly at 2.30pm – presented by 5V
Friday 18 October	World Teachers Day – P&C hosted lunch for teachers

WEEK 2

Tuesday 22 October	Year 3 Excursion to Taronga Zoo K-2 Assembly at 2.30pm – presented by KS & KN
Wednesday 23 October	Kindergarten 2020 – Orientation 1

CONGRATULATIONS to the following students who will receive their Awards at the following Assemblies:

[Years 3-6 Assembly at 2.30pm on Tuesday, 15 October \(Week 1\):](#)

Gold Awards

3B	Harry C, Keaton VDH, Avnita M
3H	Harry G, Hera S, Sophie B, Khaled AN
3E	Kooga A, Yusuf K, Tia A
4A	Jake S, James S, Naomi IJ,
4E	Emi S, Beth L, Lisa N, Mayron R
4F	Matthew W, Owen C, Sara D
5V	Harmony M, Leo S
5T	Ethan H, Eliza Mc
5/6M	Gwen S, Emily R, Trinity S
6WV	Tal A, Clara I

[Years K-2 Assembly at 2.30pm on Tuesday, 22 October \(Week 2\)\):](#)

Gold Awards

KC	Victoria Y, Evelyn C, Liam de B, Nivaan N, Ella R, Zehra O
KT	Isla R, Shailee O, Abby Mc
KN	Isamu A, Edward G
KL	Leo B
KS	Ema L
KF	Barin E
1C	Maruka M
1HP	Elaria G
2F	Ada W

OFFICE NEWS

TERM ACCOUNTS: Thank you to all the families that have paid for their term accounts. Reminders have been sent home and it would be appreciated if ALL Term 3 accounts could be paid before the end of this week.

KINDERGARTEN 2020: If there are any siblings who haven't been enrolled for Kindergarten next year yet please could you complete an Enrolment form and bring to the office with all the supporting documentation. The Kindergarten Orientation Program starts in Week 2 of Term 4. Enrolment forms are on the school website <https://mowbray-p.schools.nsw.gov.au/about-our-school/enrolment.html>

OFFICE ADMIN

Live Life Well @ School

TURN OFF SCREENS + GET ACTIVE

Screens can be great for learning, play and communication.
Too much screen time can be unhealthy.
Try to sit less and move more!

HOW MUCH SCREEN TIME EVERYDAY?

0-2 years	NO screen time	Increase active play and limit sedentary activities to less than 1 hour at a time
2-5 years	Less than 1 HOUR per day	A reduction in screen time can improve sleep patterns and physical development
5-12 years	Less than 2 HOURS per day	Excluding homework time

Types of screens?

TV/DVD/BLURAY Computer Game Console Tablets/Portable Games Phone

For more information at: healthykids.nsw.gov.au

NSW Northern Sydney Local Health District

Live Life Well @ School

FRUIT & VEG MONTH 2019

Fruit and Veg Month
Monday 2nd September - Friday 27th September

Try to sneak a few extra vegies in the lunchbox or meals at home.

Captain Fruit n Veg is on a mission!

Fruit & Veg Month is all about linking eating fruit and veg with good times, superheroes/powers and adventures! Many schools will be supporting kids to eat more fruit and veg.

- Add chopped/grated veg in meals
- Keep cut vegie sticks in the fridge
- Offer variety—it can take some kids up to 10 tastes of a veg before they come around

Did you know? Only 5% of Australian children and adults eat enough fruit and veggies.

For more ideas, search 'more fruit and vegies' at healthykids.nsw.gov.au

NSW Northern Sydney Local Health District

SCHOOL NEWS

Woolworths Discovery Garden Donations

If you have any spare vegie, herb or flower pots that you have collected from the current Woolworths Discovery Garden promotion then the school vegie garden would be very grateful for any donations. We have already started cultivating several pots and will begin planting these in the beds once fully germinated. Donated pots can be dropped off at the school office.

Thank you in advance.

Emma Thomas/Marianne Power
School Garden Group



SCHOOL NEWS

The Great Aussie Bush Camp - Yr 4

On Monday the 9th to the 10th of September, Year 4 went to the Great Aussie Bush Camp. The drive took about 3 hours with a break for morning tea. When we got to camp the first thing we did was get our bags off the bus and have burgers for lunch. Then we found out who was in our cabins and we also found out our activity groups for both days. There were 4 activities that we did and they were Dual Flying Fox, Giant swing, Staple climb and Archery.

We then had spaghetti for dinner. At night we played some night games in a hall and some of the games were Bomb, Mouse Trap and Knots 'n' Crosses.

After the game night we had a cup of cold hot chocolate and biscuits for supper. A leader Liam did a fire show for us that night! Then it was time for bed. We went to bed at 9:00pm but lots of tents kept chatting for a little while. Overnight at camp it was cold and very rainy, but we had fun in our tents. In the morning we had cereal, toast, pancakes, spaghetti and some drinks for breakfast.

Then we did the rest of our activities. After all of that fun we had to sadly go home. It was another 3 hour drive back. Over all the Great Aussie Bush Camp was **SUPER FUN** and **SUPER AWESOME!** Some groups actually saw some kangaroos and wallabies when they were doing their activities.

Written by Veer, Parkes, Samantha, Katie and Oscar



SCHOOL NEWS

Year 5 & 6 - Canberra

From the 18th - 20th September, Stage 3 went to Canberra as part of our History unit. After a long bus trip full of movies and sleep, we arrived in Canberra. We went to a number of different places including the Royal Australian Mint, Old Parliament House, The Australian War Memorial, Parliament House and everyone's favourite, a night excursion to Questacon. We learnt all about Australian government and how we use the preferential voting system in Australia. At Questacon, we explored the wonderful exhibitions and interesting hands-on activities. At Parliament House, we saw the Senate and the House of Representatives during Question Time. Our accommodation was luxurious and the food was great. Overall this was a really fun camp and it will be a camp to remember!

Peter Y - 5V

Last Wednesday, Stage 3 left for a three-day trip to Canberra. After a tiring three hour bus ride, we arrived, put our coats on, and went to the Australian Institute of Sport where we learnt about the places that professional athletes train. We then went to the Royal Australian Mint, where all Australian coins are made. Afterwards, we visited the National Electoral Education Centre where we learnt how to vote. After a good night's sleep at Canberra Park, we were up bright and early to visit the Museum of Australian Democracy, The National Gallery, Parliament House, Mount Ainslie Lookout, and finally Questacon! Returning home late that night, we got straight into bed, and were asleep quickly. We woke up the next morning, and left to go to the War Memorial and the Arboretum. We then returned home, after a great camp!

Bella J - 5V



SCHOOL NEWS

Premiers Debating: The Regional Quarter Finals

What an awesome journey!

Yesterday the 'Mowbray Masterminds' headed to Collaroy to debate in the Regional Quarter Finals. Being in the quarter final meant that we were in the top 8 out of 126 teams!

Representing MPS in the team were: Eleanor (first speaker), Mimi (second speaker), Archie (third speaker), Tal (TA Team Advisor - who helps us come up with rebuttals during the debate) and Emily (our reserve and debate chairperson!)

The topic we had to debate was, "That school hours should be made longer." We were affirmative, which in this case we found was really hard but we had some great arguments such as: The change would give teachers a chance to finish all the set curriculum which they often struggle to do and that there will be less of a need for tutoring as teachers will be able to help students one on one in this extra hour.

After a really close debate against North Sydney Demonstration School, we unfortunately lost the debate. However, we received some great feedback and a fabulous medal for winning our Zone.

A big thank you to Mr McElhenny for being a great coach over the last two years and for all of his hard work behind the scenes! We really appreciate all the support from you that you have given us. A special thanks as well for all the advice you have given us when we really needed it and for the time you have spent in helping us get to where we are today.

Lastly, a shout out also to Vicki Middleton for driving us to Collaroy for the debate. A thank you as well to all of the people at school cheering us on and supporting us in this big debate. Thank you!

Mimi and Emily for the Mowbray Masterminds



SCHOOL NEWS

Visible Learning Project

Introducing our third learning disposition...

Creative!

Students have been introduced to this skill through a poster, character/icon and a series of short, focussed activities in their classroom. Here is some of the language that has been used to introduce this disposition:

K-2 – I am curious, I can use different tools to help me and I have new ideas.

3-6 - I am curious, resourceful and innovative.



It would be wonderful if you were to use some of this language of learning at home. For example:

- Provide opportunities for less structured, creative play such as blocks, Lego and some online tools
- Encourage your child to find more than one solution to a problem
- Ask your child if they had an opportunity to show creativity/think creatively throughout their school day

Creative is our focus for Weeks 9-10 and Week 1 Term 4.

SCHOOL NEWS



Join Mowbray Band in 2020



Mowbray Band is inviting students currently in Years 2 and above to join our 2020 Training Band. No previous musical experience is required to join Training Band, and children have a lot of fun playing as part of a group and performing at school functions and music festivals.

Band rehearsals take place weekly one morning per week before school (currently Fridays), and we connect you with experienced music tutors to help your child learn their instrument. We also have a range of instruments available for hire.

Instruments in the Band include:

- **Woodwind:** Clarinet, Flute, Saxophone, Oboe
- **Brass:** Trumpet, Trombone, Euphonium, Tuba & French Horn
- **Percussion:** Drums, Xylophone, Glockenspiel
- **Bass Guitar, Keyboard**



In Term 4 we have the following activities to introduce students to Mowbray Band:

1. **Register** for the Instrument try-out day: this is an expression of interest in joining the band and participating in instrument try-outs on **Friday November 8th**. You can register by November 6th by completing the form below via School Stream, or email the information to mowbrayband@gmail.com
2. **Meet the Band - Tuesday 5th November** during assembly - an opportunity for children to meet our Concert Band and hear and learn about the different instruments they can play - All Current Year 2 Students will be involved - no need to register. Parents welcome.
3. **Instrument try-out Day Friday 8th November:** Children who have registered will have the opportunity to try the different instruments with the help of tutors. Following this we will provide a recommendation on which instrument would most suit your child taking into account which instruments they enjoyed and made the best sound on.

More information will be sent via email soon. If you have any questions please email the Mowbray PS Band parent committee at mowbrayband@gmail.com

My Child would like to participate in Mowbray Band's instrument try-out day on Friday November 8th

Child's Name: _____

Child's Class: _____

Parent Name: _____

Parent Email: _____

Instrument Preferences (Optional):

1. _____ 2. _____ 3. _____

Email to mowbrayband@gmail.com before November 6th

NSW Department of Education

Before and After School Care Have your say

The NSW Government is committed to increasing the provision of before and after school care.

Have your say at

<https://www.service.nsw.gov.au/basc>

Online feedback closes December 2019

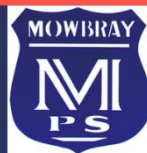
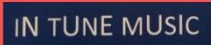


Rock'n Bingo 2019

Thank you to all of our sponsors and supporters



Good Food, Good Life



MOWBRAY PUBLIC SCHOOL

FAMILY PORTRAIT FUNDRAISER SUN 10TH NOVEMBER 2019

BOOK YOUR PROFESSIONAL PHOTO SESSION @

www.bit.ly/Stine2019

For only \$25- you get an 8x12" professional colour photo and digital copy.
The 20 minute sessions run from 9am-1pm.
Outdoor photo shoot (weather permitted) on school grounds.
Additional photos available to purchase at a discounted rate from Stine.
Digital files of purchased photos will be provided for all orders over \$200.
One booking per family, pets welcome.



DONT WAIT TO BOOK-www.bit.ly/Stine2019

100% of the \$25 booking fee will be donated to the school to help with the purchase of needed supplies.

VISIT WWW.STINEBASKA.COM TO VIEW MORE OF HER AMAZING WORK.

Stine Baska
photography





Pop-up
SHOP

LAST Pop-ups
for 2019

Mowbray P&C
**2ND HAND
UNIFORMS**



Friday 8 November 2019 at PAN
and Wednesday 13 November 2019 at
Kindy Orientation No 3
(small sizes only)

*Donate any good, clean uniforms you no longer need, at the Office, for the P&C Pop-up Shop.
It's a useful service for our families plus all sale proceeds will benefit Mowbray.*

Sales are final. Items are in 'as is' condition. No facilities to try items on.

MOWBRAY PUBLIC SCHOOL P&C Picks!

e info@mowbraypandc.org.au w www.mowbraypandc.org.au
Fb www.facebook.com/groups/MPSFF



LJ Hooker
Lane Cove

ROCK'N' BINGO

It's always fun when our parent/carer community gets together for our annual social/fundraising event and boogie. This night didn't disappoint! It was a great night of bingo, air guitar, laughs and great prizes! Thanks to **Kate and the Year 3 fundraising team** for their efforts. Can't wait until 2020!



LJ HOOKER OFFER

LJ Hooker Lane Cove's **Stewart Kirkby** used to attend Mowbray (he has a paver in the amphitheatre). LJH have been longterm supporters of Mowbray events and our people. They generously guarantee to beat any competitor's commission on sales AND give you free Landlord's insurance for the 1st year of property management. Just **Say you're from Mowbray!**

COMING UP



HAPPY WORLD TEACHERS DAY
Friday 18 October 2019

WORLD TEACHERS DAY 2019

On **Friday 18 October**, we will be able to show how much the Mowbray educators mean to us. You may have seen the emails about helping: provide an item for the lunch, help serve, contribute to a class gift or just tell them how much they mean to you and your family. Contact Aly Richards with any queries.



Stine Baska
photography

FAMILY PORTRAITS - STINE

Stine Baska Photography popular family portrait opportunity is on **weekend 9/10 November**. Limited spots available. Your \$25 fee will include your photo shoot, one professional 8x12" printed photo + digital file PLUS the opportunity to purchase more great photos, if you wish. 100% of the fee will benefit our school. Book here www.bit.ly/Stine2019



MEET THE BAND & STRINGS

Did you know that the Band and Strings programs are run by the P&C, in conjunction with our school? If your child is interested in both/either, please pay attention at the Term 4 (Week 4 and 5) assemblies for the **"Meet The Band"** (5/11) and **"Meet the Strings"** (12/11) events. Band Tryouts "Blow Tests" 8 Nov / Strings Signup 12 Nov

Next P&C meeting: Tuesday 29 October 7:30pm, in the Library

MOWBRAY PUBLIC SCHOOL P&C PRESENTS

Carols 2019

Saturday 7 December

Celebrate the Holidays with a sing-a-long and a BBQ with friends. Special guest - Santa!

KIDS CHOIR | ACTIVITIES | BBQ | INTERNATIONAL FOOD STALLS

events@mowbraypandc.org.au





Expressions of interest for family-run

INTERNATIONAL FOOD STALLS AT Carols 2019

SATURDAY 7 DECEMBER

email.events@mowbraypandc.org.au





CODESPACE

**Code something awesome
these school holidays.**

**School Holiday Camps Now
On Sale @ Gladesville**



BRAND NEW & RETURNING COURSES

Learn digital creator skills:

- App Making Madness
- Roblox: Racecars
- Minecraft Youtuber Star
- Minecraft Modding: Superheroes



Minecraft • Roblox • Youtube

Over 3,100 kids ❤️ our programs

Visit our website to find out dates and register:

CodeSpace Camps



**www.codespace.education
(02) 8806 3750**



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Petit Ballet
Inspiring children to dance

**COMING
to
MOWBRAY
ROAD
2020!**

Confidence



Friendships



Fun



♥
*Children were born to move,
to laugh, to dance.*

*Dance for children from 1.5 years
Small classes
Individualised care and guidance*

lepetitballet.com.au

Register your interest for 2020!
Contact Miss Laura
admin@lepetitballet.com.au | 0423406572



LANE COVE SUMMER 7S - FRIDAY NIGHTS



REGISTER NOW!

www.lcjru.com.au/summer-sevens



25TH OCT - 6TH DEC 2019

ALL AGES - (UNDER 8 - ADULTS)

20min games/7 a side

5:00pm - 8:45pm Friday Nights

18 Oct Learn Footy & Training Night

25th Oct - 6 Dec 2019 Games

Social and Competitive

BBQ and Bar will be Open

Follow us Facebook and Instagram @lanecovesummer7s



Are you looking for a dance school to ignite your child's passion for dance & welcome them into an inclusive community, all whilst having a whole lot of fun? **With over 20 years of experience, Dance Sensation is ready to welcome you to our professional studio space at our fantastic new Lane Cove Studio, Unit 2, Ground Floor, 706 Mowbray Rd, Lane Cove North, NSW** which spans over 700m², including multiple studio spaces, a reception, a waiting area, change rooms, recovery and warm up areas, costume wardrobes and more!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
4:00 - 5:00pm 5-12yrs (K-Yr6) Tap \$170/term	9:20 - 10:00am 3-5yrs (Pre-school) Acrodance \$160/term	9:30 - 10:00am 2-5yrs Ready Set Ballet \$150/term	4:00 - 5:30pm Mini Performance Crew \$220/term	8:30 - 9:00am 2-5yrs Ready Set Ballet \$150/term
4:00 - 6:00pm Junior Performance Crew \$255/term	3:40 - 4:40pm 9-12yrs (Yr3-6) Funky Jazz/Hip Hop \$170/term	10:00 - 11:00am 2-5yrs Ready Set Dance \$170/term	4:00 - 4:50pm 9-13yrs (Yr3-6) Boys Hip Hop/Breakdance \$185/term	9:00 - 10:00am 2-5yrs Ready Set Dance \$170/term
5:00 - 6:00pm Teen Tap (Yr7-12) \$170/term	3:50 - 4:40pm 5-8yrs (K-Yr2) Acrodance \$165/term	4:00 - 5:00pm 8-12yrs (Yr2-6) Lyrical/Contemporary \$170/term	4:40 - 5:30pm 5-8yrs (K-Yr2) Boys Hip Hop/Breakdance \$165/term	9:00 - 10:00am 5-12yrs (K-Yr6) Tap \$170/term
6:00 - 7:00pm Adult Beg/Int Tap \$20/class \$170/term	4:40 - 5:40pm 9-12yrs (Yr3-6) Acrodance \$170/term	4:10 - 5:00pm 5-8yrs (K-Yr2) Funky Jazz/Hip Hop \$165/term	5:30 - 6:30pm 9-12yrs (Yr3-6) Acrodance \$170/term	10:00 - 11:00am Musical Theatre \$170/term
7:00 - 8:00pm Adult Adv Funky Jazz/Hip Hop \$20/class \$170/term	4:40 - 5:30pm 5-8yrs (K-Yr2) Funky Jazz/Hip Hop \$165/term	5:00 - 6:00pm 9-12yrs (Yr3-6) Funky Jazz/Hip Hop \$170/term	5:30 - 6:30pm Teen Ballet \$170/term	10:00 - 11:00am 9-12yrs (Yr3-6) Funky Jazz/Hip Hop \$170/term
8:00 - 9:00pm Adult Int/Adv Tap \$20/class \$170/term	5:40 - 6:40pm 9-12yrs (Yr3-6) Ballet \$170/term	5:00 - 5:50pm 5-8yrs (K-Yr2) Ballet \$165/term	6:30 - 8:30pm Open Performance Crew \$255/term	10:00 - 10:50am 5-8yrs (K-Yr2) Funky Jazz/Hip Hop \$165/term
	5:40 - 6:40pm Teen Acrodance \$170/term	5:00 - 6:00pm Teen Lyrical/Contemporary \$170/term	6:30 - 7:30pm Adult Beg/Int Ballet \$20/class \$170/term	10:50 - 11:40am 5-8yrs (K-Yr2) Ballet \$165/term
	6:40 - 8:40pm Senior Performance Crew \$255/term	6:00 - 7:00pm Teen Funky Jazz/Hip Hop \$170/term	7:30 - 8:30pm Adult Beg/Int Funky Jazz/Hip Hop \$20/class \$170/term	11:00 - 12:00pm 9-12yrs (Yr3-6) Ballet \$170/term
		6:15 - 7:00pm Pointe \$160/term		11:00 - 12:00pm 2-5yrs Ready Set Dance \$170/term
Private Lessons For Solo Competitions, Exam Preparation or Self Improvement, Private Lessons can be booked with a Teacher of your choice and are \$35/30mins		7:00 - 8:00pm Adult Adv Ballet \$20/class \$170/term		
		8:00 - 9:00pm Adult Contemporary/Lyrical \$20/class \$170/term		



ENROL NOW and JOIN IN THE FUN!

<https://dancestudio-pro.com/online/dancesensation>

\$\$\$ GREAT TERM DISCOUNTS FOR FAMILIES AND STUDENTS ATTENDING MULTIPLE CLASSES
 Questions? Email admin@dancesensation.com.au



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