

MOWBRAY NEWS

Term 2 Week 2
8 May 2019

PRINCIPAL'S REPORT

A big WELCOME BACK to all our Mowbray families for an exciting Term 2!

Supervision before and after school

On a walk around the playground after school it has been noticed that some children are waiting for their parents in the playground rather than in the 'kiss and drop' zone. Some children are also waiting for pick-up at a later time. This means that these children are not supervised by any staff member, most afternoons the staff have meetings on or off-site. *The school supervision hours are from 8:40am – 3:10pm.* Although, I appreciate that pick-up can be difficult for working parents, it is very important that parents who are unable to pick-up students by 3:10pm make alternative arrangements such as after school care, catching the bus (public bus 292 or 534 or school bus 630/683) participation in after school programs (e.g. tennis or basketball) or formally asking another parent to look after your child.

The safety of our students is paramount and we would ask for your support in ensuring that our children are safely dropped-off at times they are supervised, after 8:40am and picked up promptly at 3:10pm.

Opportunity Class Placement 2020 – final reminder

For those Year 4 2019 parents/carers interested in Opportunity Classes, the placement process is about to begin. Important dates:

- 30 April Online applications open. <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5>
- 17 May online applications close.
- 31 July Opportunity Class placement test.

Interested parents/carers must read *Information about applying for Year 5 entry to an opportunity class in 2020* available at: <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-5/information-for-applicants>

ANZAC Day 2019

The 25 April was a very early start for our school leaders. Ashlee, Archie and Jay represented Mowbray Public School at the Chatswood dawn service. They were in school uniform and lined-up ready for the 5am start. Our school leaders joined the other community groups and schools to pay respect to our soldiers past and present. They laid a wreath in respect for the fallen and listened to some tributes from the RSL Club sub-branch and a moving commencement address from a Willoughby Girls High School student.

I was very proud to watch our leadership team play a role in our local community. Thank you to Miss Kay who attended the event as well as organised the leaders and the wreath for the service.

Our school leaders have an upcoming initiative for Term 2 – please read on for more information.

Term 2 Student Executive Initiative

Waste Free Monday

Every Monday this term the school will be holding a waste-free Monday. This means students will be encouraged to not bring any rubbish or non-reusable plastics. This is run by the student executive who will be collecting rubbish from every classroom on Mondays after eating time. The winning class (the class with the least amount of rubbish) will be announced by the student executive at eating time on a Tuesday. On three mystery Monday's (decided by the student executive) every student in that week's winning class will receive a token! Our focus for Term 2 will be sustainability!

Jack and Jay (Student Leaders)



CAROLINE ALFORD
PRINCIPAL

PRINCIPAL'S REPORT

TERM 2 – DATES TO REMEMBER

WEEK 2

Friday 10 May	Mother's Day Breakfast – 7.30-9.10am 2 nd hand Uniform Pop Up Shop
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WEEK 3

Monday 13 May	K-2 Cross Country Carnival at school
Tuesday 14 May	NAPLAN for Years 3 and 5 Whole School Assembly – 2.30pm P&C Meeting – 7.30pm in Library
Wednesday 15 May	NAPLAN for Years 3 and 5
Thursday 16 May	NAPLAN for Years 3 and 5
Friday 17 May	Walk Safely to School Day
Saturday 18 May	Federal Election BBQ (P&C Event)

CONGRATULATIONS to the following students who will receive their Awards at the following Assemblies:

Whole School Assembly at 2.30pm on Tuesday 14 May:

Banners

4A	Zach P
4E	Zak E
4F	Tom O
5V	Lily S
5/6M	Eloise M

Yrs 3-6 Assembly at 2.30pm on Tuesday 21 May:

Gold Awards – 3-6

3H	Isabel B, Arianna K, Xavier V
3E	Kooga A, Samyar G, Emma Y
3B	Aisha J
4F	Melek O, Sophie C
4E	Mayron R
4A	Kaia S
6K	Jack B
6WV	Luella S

OFFICE NEWS

Welcome Back to Term 2

Term Accounts – There are still a few families who have not yet paid their Term 1 account. Reminders have been sent home. Please ensure that any outstanding accounts are paid promptly.

Term 2 accounts will be sent out in the next week or so and you will be notified when these have been emailed out. Please look out for them in your in-box.

Office hours - A reminder that the office hours are 8.30am to 3.30pm. Please contact the office during those hours.

SUE LEECE
ADMIN MANAGER

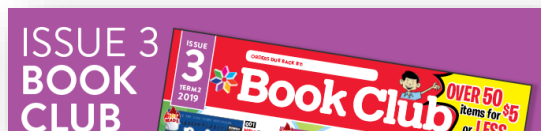


Stewart House Clothing Appeal

Please return all envelopes that were sent home last term to the office by Friday 10 May.

Book Club

Book Club brochures were distributed last week. Please return your order form and money to the office by **Fri 10 May**. Please ensure the envelope/zip lock bag is clearly labelled with your name and class.



SCHOOL NEWS

ANZAC Day Dawn Service

25 April 2019

Chatswood Garden of Remembrance

On ANZAC Day we woke up really early to go and represent our school at the Chatswood/Willoughby Dawn Service. We met Ms Alford and Miss Kay at 5am, and marched with other schools and community groups to the Garden of Remembrance. During the service we laid a wreath at the Cross of Remembrance.

Going to the ANZAC Day service was such a different experience to anything we have encountered before. It was great for us to show our respects to the people who have served our country in wars and conflict. We all enjoyed attending.

Ashlee C, Archie M and Jay P - Student Executive, 2019



SCHOOL NEWS

Royal Flying Doctor Service - Term 2 SRC Fundraiser

Using the latest in aviation, medical and communications technology, the Royal Flying Doctor Service works to provide emergency medical and primary health care services to anyone who lives, works or travels in rural and remote Australia.

Services include Aeromedical Retrieval, GP and nurse clinics, telehealth, dental care, patient transfers, mental health, health education and research.

On **Thursday 30th of May** Mowbray will be fundraising for the **Royal Flying Doctor Service**. Red and blue are the Royal Flying Doctor Service colours.



You can bring in a **gold coin donation** and **wear red and blue** on the day to celebrate the amazing work this service does.

Senior SRC members will also be holding a **paper aeroplane competition** on the oval at lunchtime. You can create a paper aeroplane at home using **A4 paper** (not cardboard) and bring it to school on the 30th May.

It will cost only 50c to enter the competition. Some awards and/or prizes will be available to winners.



Thank you,

Miss Foster, Ms Bradshaw & SRC Members (Madeline B, L Savage and J Partington)

SCHOOL NEWS

Woolworths Earn & Learn Program

Mowbray Public School is excited to be taking part in the 2019 Woolworths Earn & Learn program. Last year, we earned 45000 points and purchased some great educational resources for our school, thanks to you. This year we hope to earn 50 000 points!



For every \$10 you spend at Woolworths from May 1st until June 25th 2019, you will receive a sticker. The stickers are then collected on a special sticker sheet. Once the sheet is completed, it can be placed in the collection box in the school office or at Lane Cove Woolworths. You can ask family and friends to help you too!

You can pick up sticker sheets at the school office, your local Woolworths store, or print out your own at www.woolworths.com.au/earnandlearn. You can check out our school barometer here too!

We are grateful for your support and look forward to counting lots of stickers!

Misty Havron -1HP

Walk Safely to School – Friday 17 May

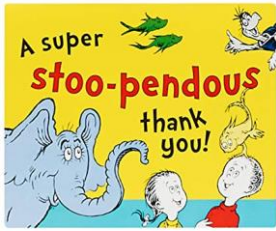


This year for Walk Safely to School, we are encouraging our families to walk all or part of the way to school with a parent or carer. Please ensure that all children are supervised and discuss how to be safe around cars and roads. Until children are 10, they must hold an adult's hand when crossing the road.

As students arrive at school, they can collect a *walking to school token* at the fake grass area. Please help us to support road safety, health and the environment. A flyer with more information is included in this newsletter.

Kate Press and Emma Thomas

LIBRARY NEWS



Thank you to all our **wonderful, amazing, supportive parent helpers** who helped in the library last term. We really appreciate you giving up your time to help out whether it is assisting in the mornings to shelve books or covering books at home.

Thank you, Thank you!

MORE Parent Helpers Needed..... Please!

We need some more volunteers to add to our team! This is a call out for parent helpers. Can you spare 15-20 minutes after drop off in the morning (9.10am) to help shelve books? Pre-schoolers welcome to come too! Please come in and see us to arrange a time that suits you.



Update: Stage 3's final challenge was a Harry Potter inspired task. Students had to construct a rollercoaster type machine for Gringott's cart. Each group had to affiliate with one of the Harry Potter houses. Although it was a close contest in the end Ravenclaw's rollercoaster was the winning team for its innovative design and solid structure. Congratulations to all teams for your commitment and creativity.



Makerspace Stage 1 will be commencing soon! Watch this space!

Happy Reading Adventures

"There is more treasure in books than in all the pirate's loot on Treasure Island." – Walt Disney

Mrs Dana Duveck-Steele, Mrs Shelley Kapp, Mrs Jennie Neil-Smith
Teacher Librarians

Planting on "The Bank"



2S busy planting after explicit instructions from resident Bush Regeneration experts Monique, Richard from Willoughby City Council and resident expert Janet (ex National Parks Ranger).

Thanks Willoughby City Council for the bush training.

Mr Mark Weber propagated the seeds for the plants. Once the seeds had grown into seedlings they were ready for us to plant!!!!

Second stage to the Bush Regeneration Project "The Bank"!!!

4 April 2019 – Stage 1 and 2 Students Bush Regeneration Project!!



On 11th of April the community came together to complete the planting of the "the bank".

It was a great day where students from 2 classes a year 2 and 3 class, were taught about the environment from Willoughby Council staff who also provided the plants.

They were also given the opportunity to plant under the expert guidance from Janet Fairlie-Cunningham.

Parents helped plant out and their assistance was most welcome. This community based collaborative project will reach maturity in the years to come.

We are leaving a gift not for today but the community for the future. A big thank you for a great job!!!





Got It!



Greetings Parents!

Over the coming weeks you will see a series of tip sheets from the **Got It!** team on how you can help develop the necessary skills for wellbeing in your child.

So what does 'wellbeing' have to do with **ALL** primary school aged children?

Behaviour

Feelings

Relationships

Social Skills

Resilience

Happiness



These are skill sets that **ALL** children need to develop. Over the coming weeks the **Got It!** team will be regularly adding small activities and tips to your school's newsletter that parents/carers can try out at home.

Stay tuned!

I'm not
telling you
it's going
to be
easy,
I'm
telling you
it's going
to be

WORTH IT.



Health
Northern Sydney
Local Health District

Got It!



*Talking about **KINDNESS** with our children helps develop their understanding of how their actions impact on the world around them.*

Keeping it on the list of things discussed at home can be really helpful.

It's good for parents to answer the same questions to model reflection for your children.

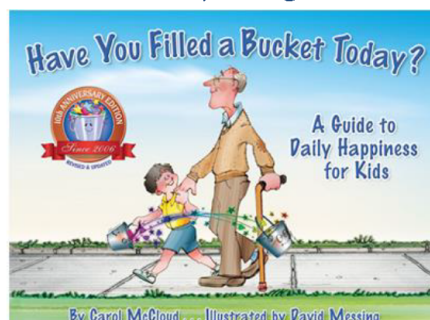
Have a regular family discussion

Once a week at the dinner table have a discussion about kindness. Here are some examples of questions:

1. Who was a **bucket filler** today? OR
2. What is a **kind** thing you did today for someone else?
3. What **filled** your bucket today? OR
4. What is something that made you **happy** today?
5. What is something you feel **thankful** for today?
6. Were you a **bucket dipper** today or did someone dip into your bucket today?

Book

This is a book you might like to read with your child on the subject of kindness.



Have You Filled a Bucket Today? A Guide to Daily Happiness for Kids

By Carol McCloud



Health
Northern Sydney
Local Health District



**Pop-up
SHOP**

Mowbray P&C
**2ND HAND
UNIFORMS**

SALE Friday 10 May 2019
at "Mothers Day Breakfast"

*Donate any good, clean uniforms you no longer need, at the Office, for the P&C Pop-up Shop.
It's a useful service for our families plus all sale proceeds will benefit Mowbray.*

CASH ONLY Sales are final. Items are in 'as is' condition. No facilities to try items on.



WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 17 MAY 2019

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 17 May 2019!

For more information, visit www.walk.com.au



Federal Election BBQ & Cake Stall

Vote at Mowbray!

Saturday, 18th May 2019

from 8.30 am – 3 pm



A Fundraising Initiative of Year 3 P&C



Mowbray Election Fundraiser

Saturday, 18th May 2019

We Need Your Baked Goodies!

Leave them in the Canteen

Friday, 17th May from 8.30 – 9.30 am or 3.00-3.30 pm

Saturday, 18th May by 8.00 am



A Fundraising Initiative of Year 3 P&C

Dear Mowbray Parents,

We have another opportunity to raise funds for our school with another good ol' **CAKE STALL** during the Federal Election on **Saturday 18th May 2019** and we **need your baked goodies!!!**

It's a Mowbray tradition and with the whole school community pitching in it's possible to raise several thousand dollars from this initiative – usually by lunch time!

*Popular sellers are fruit cakes and loaves (date loaf, banana bread, carrot cake)
as well brownie slices, cookies and cupcakes too!*

As we are promoting this stall as selling “home-baked” goods we **cannot accept store-bought goods or packet cakes**. Please avoid sticky icings. Due to allergies it is very important to **list all ingredients** and include with your baked goodies.

Instead, of sending out plate-packs to everyone again, we ask that you:

- 1) Use any extra plate-packets sent home for the state election. Please re-use the bag provided and bring the goodies with ribbon & ingredient tag ready to go straight to the cake stall.
- 2) Grab an extra plate-packet (or two) from the office. Please re-use the bag provided and bring the goodies with ribbon & ingredient tag ready to go straight to the cake stall.
- 3) Send goodies in your own clearly marked containers – using the ingredients tag below – and we'll repack them for you!

We would appreciate if you could bring all goodies **to the canteen on Friday 17nd May** (*preferred*) **in the morning from 8:30 am or afternoon no later than 3.30pm**. Or, you can also deliver directly to the stall on Saturday morning from 7:30.

We hope you have fun channelling your inner Nigella Lawson – if you have any queries please contact Juliet Steptoe-julietsteptoe@hotmail.com

Thanking you all in advance!
Year 3 fundraising committee

Name: _____

Ingredients: _____

Free From

- ☐ Nuts
- ☐ Gluten
- ☐ Dairy
- ☐ Eggs



The P&C's "Mowbray Community Business Register" (MCBR) has some great opportunities to grab a deal this month for Mothers Day!

List YOUR business or just USE the register: each business has listed a deal just for us – **Mowbray families and staff**. Click here to ADD your business or USE the register – www.mowbraypandc.org.au/MCBR

Support other Mowbray families or just grab a deal! eg 15% of all orders at “Curvy – D to K Cup”; 10% off wine at “Idyllic Hills” and 10% off at “360 Sports Massage”

Hurry! Bonus Early Bird Offers. LAST CHANCE!

**Mowbray Public School
is fundraising with Entertainment!**

Your support really helps our fundraising, so we're thrilled to let you know about special bonus
Early Bird Entertainment Membership Offers for loyal supporters.

**Pre-order the NEW 2019 | 2020 Entertainment Membership and
receive bonus offers you can use right away!**

SUPPORT US NOW.

New to Entertainment 2019 | 2020



**Sydney and Surrounds
Entertainment**

**SEE WHAT'S
INSIDE**

**2019 | 2020
Membership**

**Just
\$70**

LAST CHANCE!

**Pre-order to
enjoy these
bonus offers**

**PRE-ORDER
NOW**



*\$20 off your total shop when you spend \$220 or more at Woolworths online.
**\$50 off your total shop when you spend \$120 or more at Cellarmasters online. **Terms & Conditions apply.

Let's learn Mandarin!

at Mowbray Public School - **FREE TRIAL!**

Our new Mandarin class instils curiosity and enthusiasm to learn Mandarin and explore Chinese culture. Students **develop strong Mandarin language skills whilst having fun!** Our teaching methodology caters for students' individual learning styles and abilities ensuring that all students make impressive progress at the level that is right for them. The topics we teach and our resources are engaging for our young learners.

K-Y6

Wednesdays 3.20 to 4.20pm



Register your spot now at
www.thelanguagecompany.com.au

The Language
Company 

to inspire a love of languages and
an appreciation of other cultures

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Spanish Classes

Term 2-After school hours(Mon/Tue)

At Mowbray Public School

We are enrolling NOW!



For more info e mail us at:
info@spanishclasses.com.au

AUSTRALIA'S YOUTH PRESENTS

A SELF DEFENCE KARATE AND SAFETY AWARENESS PROGRAM

For boys and girls
Ages 5 – 16
In Sydney Since 1994

Website – karate-kids.com.au

INSTRUCTORS TRAINED SPECIFICALLY
FOR TEACHING CHILDREN AND TEENS

SELF DEFENCE ONLY IS TAUGHT

CLASSES DIVIDED BY AGE
AND EXPERIENCE

FROM BEGINNER TO
BLACK BELT



DEVELOP SELF CONFIDENCE

IMPROVE CONCENTRATION

BUILD COORDINATION

BUILD SELF ESTEEM

IMPROVE STUDIES

MAKE FRIENDS

Only \$14.00 Per Week
With a \$2.00 Rego per term
No Extra Grading Fees!

Location: Truscott Street Public School
Truscott St. and Morshead Road, North Ryde
Classes are every Sunday for 9 Weeks (Every School Term)
New and Returning Registration: Sunday, 5 May, 2019
New Students can also join on: Sundays, 12 May, 19 May.

**New and Returning
Students**

Ages 5-8

Class Time 9:00 to 9:40AM

**New and Returning Students
Ages 3-4**

Parents must be present

Class Time 8:30 to 9:00AM

**New Students
Ages 9-16**

and Returning Students

Class Time 9:45 to 10:25AM

Returning Students please see website at www.karate-kids.com.au for class times.

REGISTRATION WILL BE ACCEPTED UP TO THE THIRD WEEK OF TERM. NO PRE-REGISTRATION IS NECESSARY,
JUST TURN UP 10 TO 15 MINUTES BEFORE CLASS TIME ABOVE IF POSSIBLE. WE ACCEPT CHEQUES OR CASH.
FOR **FURTHER INFORMATION**, SEE WEBSITE AT www.karate-kids.com.au.