

MOWBRAY NEWS

Term 4 , Week 3
31 October 2018

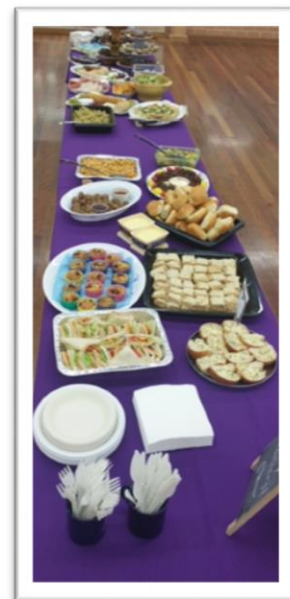
PRINCIPAL'S REPORT

Thank You

A big THANK YOU to our parent community for our lovely lunch on Friday 26 October. There was a lovely array of foods and it was fantastic to feel so appreciated on World Teachers Day.

Music Tour to Tumut

Last week some of our Band and String Ensemble children went to Tumut to showcase their great performance skills. A big thank you to Izabela Marczyk and Lipa Das who were the official organisers, Miss Bull and Miss Kay (staff attendees) Edwina Kho, Mick Lumley, Sherina Swan, Kat Tabalon, Pia O'Connell, Steve Clancy, Kat Stewart, Alicia Jamal, Leigh Evans and Dan Casey who were our parent chaperones. Daniel Rosenbaum and Darcy Shevlin who professionally conducted our String Ensemble and Band. Music tour is a wonderful experience for our music program students and we appreciate the parent support. We look forward to our next tour in 2021!



Bike Racks



Are open and ready to go! It is great to see contracts signed and sent to classroom teachers, which ensures that children understand the safety expectations of riding to school.

Well done Mowbray!

Returning Late or Not Returning In 2019?

If your family will be taking extended holidays over the December/January break and your child will be returning late in 2019, can you please fill in the form attached to this newsletter with your proposed date of return. It is important that we have documentation to prove that you are returning for official records. If you are not returning can you please also fill in this form so we have a better chance of correctly forming 2019 classes.

Uniform Shop

As regular P&C attendees would be aware the uniform shop tender process has been finalised. Pickles will be taking on the Mowbray uniform shop in 2019. More details will be placed in the newsletter as they come to hand. A big **THANK YOU** to Katherine Stewart and Lanthia Lau who have been working hard in the school uniform shop making sure orders are delivered on time with a friendly smile.

Philippa Hartman Message Board

If you tried to send a message last week, our apologies as there were some technical difficulties. All should be working now. Here is the link again

<https://groups.google.com/d/forum/get-well-philippa-hartman>

2019 Classing

At the end of every year, teachers put many hours into forming classes for the next year. Teachers take into account how children work, who children work best with and friendship factors. As a school community we need to remember that children are in class for the best possible education, and classroom teachers have a deep understanding of class dynamics and how the students in their classes work best.

If you are concerned that your child has significant special needs that the classroom teacher is unaware of, or there are extenuating circumstances that need to be taken into account in 2019 classing you can make an appointment to meet with me to explain your child's need. If this is the case, can you please contact the office to make an appointment between 5 November and 16 November.

Attention Year 5 Parents – Application for Selective High School for 2020.

Selective high schools cater for high achieving academically gifted students who may otherwise be without sufficient classmates at their own academic and social level. These schools help gifted and talented students to learn by grouping them with other gifted and talented students, using specialised teaching methods and materials at the appropriate level.

If your child is in Year 5 and you would like to apply for a Selective High School in 2020, please return the *intention to apply* advice to the school (this form has been sent home in hard copy and is available in our last newsletter). You will also need to apply online at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7> **BEFORE 12 November 2018.**

CAROLINE ALFORD
PRINCIPAL

OFFICE NEWS

Term Accounts – Term 4 accounts have been sent out this week. We would appreciate payment by the due date to enable your child to attend the activities. Please notify the office if you did not receive your term account but first please check your spam folder before contacting the office.

Contacting the Office. Please ensure that you include your child's name and class in your email to enable the staff to forward it to the correct person.

SUE LEECE
ADMIN MANAGER

TERM 4 – DATES TO REMEMBER**WEEK 3**

Thursday 1 November	Kindergarten 2019 Orientation - 9.30-11am
Friday 2 November	Surf Ed Beach Day – Stage 3

WEEK 4

Tuesday 6 November	K-6 Assembly – presented by 3B
Friday 9 November	Performing Arts Night – 6.30-9pm

WEEK 5

Monday 12 November	Swim School – Years 3 – 6 Dr Kirsty Goodwin Seminar – 7-9pm
Tuesday 13 November	Swim School – Years 3-6
Wednesday 14 November	Swim School – Years 3-6
Thursday 15 November	Kindergarten 2019 Orientation - 9.30-11am Swim School – Years 3-6
Friday 16 November	Swim School – Years 3-6

CONGRATULATIONS to the following students who will receive their awards at the K-6 School Assembly on Tuesday 6 November – presented by 3B).

School Banners

Class	Name
3B	Lara P
6F	Jaxon S

Gold Awards

KB	Jakub L
KM	Huynwoo P
KS	Helen C, Lucy B
KF	Francesca W
KT	Donovan L
1K	Keira D
1M	Karen K, Charlotte B
1N	Helena K
1PC	Sarah B, Sophie T
2F	Brodie R, Hugo D
2P	Ewan R
3S	Luca A, Tai S, Tanya G
6F	Jake C, Myllia L, Angela J, Daniel WD

SCHOOL NEWS

We are very excited to share that our Coles Sports for Schools equipment has arrived. A big thank you to the amazing Mowbray community for collecting 44,100 vouchers which allowed our school to buy a new class set of tennis racquets, tennis balls, ten pin bowling set, jumping sacks, gator balls as well as heavy duty and soft play balls. We are thrilled to be able to add these to our sports storeroom to be used for sports lessons and carnivals.

Brigette Morrow



ICAS 2018

Throughout Term 2 and 3, many students participated in ICAS (International Competitions and Assessments for Schools). A huge **congratulations** to Dymond X (2F), Max B (2P), Ewan R (2P) and Bryce S (4H) who received a High Distinction for ICAS Mathematics. This is a huge achievement for these students and they are to be commended on their efforts. Well done boys!



SCHOOL NEWS

Hearing in Kindy

Last week, KA were able to learn all about their ears. Each week Mowbray is visited by two Specialist Hearing Itinerant Teachers, Mrs Platt and Mrs Graham, who assist students who have a hearing impairment. Mrs Platt and Mrs Graham taught KA about each part of the ear and how their ears process sound. The class had a chance to put together parts of the ear, make their own paper ears and play with some dolls that have hearing aids and cochlea implants.



SCHOOL NEWS

Music Tour is back from Tumut!

Last week, 60 of our children participated in the Music Tour (which takes place every 3 years for Years 4-6). It was an exciting 4-day musical journey that toured the Tumut region across 4 schools. The tour was accompanied by parents, school teachers and of course, ensemble conductors.

Our students performed at Franklin, Tumut and Gundagai Public Schools over Thursday and Friday. On Saturday, Tumut and Franklin PS's combined with Mowbray PS for a 4-hr workshop culminating in a combined performance of over 70 kids in the Concert Band including the Principal of Franklin PS who learnt sax on the day! Both country and city school children had an excellent opportunity to learn from each other and create musical memories. The children also had an opportunity to meet with Jodie Barton, ex-Mowbray Assistant Principal. It was an emotional time for all, Jodie had taught some of the year 5's and 6's as kindergarten children!

On Sunday, the tour began their journey back to Sydney, but not before stopping at Bungendore where they performed with the Bungendore Youth Orchestra. The Orchestra was led by ex-Mowbray Strings Conductor, Nicole Vieser. There were some very excited reunions on the day.

We are getting together a post event write-up for you with lots of photos, activities and feedback from the schools we visited as well as the children on the tour. Stay Tuned.

Thank you to everyone who made this happen from teachers, music committees, parents and our host schools to the wonderfully well-behaved children.

Mowbray Music Tour Committee



SCHOOL NEWS

PERFORMING ARTS NIGHT 2018 (PAN)

Performing Arts Night 2018 (PAN) *Friday 9th November*

PAN is Mowbray's performing arts showcase, where we celebrate our performing arts groups in one fantastic evening. Our dancers, singers, and musicians will display their talent on Friday 9th November at 6.30pm in our school hall. The concert will run for approx. 2 hours including an intermission.

Performers will need to arrive early and meet in the assigned classroom for their performance item. Most performers will need to be at school by 6:10pm. The organising teacher for each group will inform students of the exact place and time depending on their individual requirements.

Miss Kay (1K) and Miss Foster (2F)

We look forward to seeing you there!



Sarah Kay and Tara Foster

2018

DANCE & CHOIR PERFORMANCES

Mowbray Showcase

WEDNESDAY 7TH NOVEMBER 10.30AM

MPS SCHOOL HALL

SRC Term 4 - Sustainability Focus

The SRC met in Week 1 this term and decided that their focus for the remainder of the year would be to encourage students to think more about sustainability. This Term the SRC have organised a number of environmental activities that support this focus.

Bottle Lid Recycling Mural

Bottle Lid Collection dates: Monday 22nd October (Week 2) - Friday 9th November (Week 5).

Starting this week (Week 2), we would like students to bring in recycled plastic bottle lids (of any colour), to support our SRC sustainability focus. There will be a 3 week period where we will be collecting these lids. There will be a collection tub located in the office. Following this the Semester 2 SRC Reps will then be creating a large scale mural to advocate the importance of recycling.

Please note: We will only be collecting the bottle lids. Please leave and recycle your bottles at home.



Emu Bob

Every **Friday**, starting this Term Mowbray PS students will spend some time at the end of lunch cleaning up the school. Each Grade will do this once a Term.



Week 1 - Yr 5
Week 2 - Yr 6
Week 3 - Yr 4
Week 4 - Yr 3
Week 5 - Yr 2
Week 6 - Yr 1
Week 7 - Kindy



Plastic Free Monday

Mowbray PS will be having Plastic Free Mondays in **Week 4 (5th November)** and **Week 8 (3rd December)**. On these days we would like students to bring their lunch in reusable containers. We would like to encourage students to limit the amount of plastic and rubbish that is brought into school. There will be a prize for the class that contributes the least amount of rubbish on each of these days.

LIBRARY NEWS

Congratulations New Monitors

It is very exciting to announce Mowbray Public School's new library monitors. Congratulations to Ellie M, Eleanor B and Eliza S. These recent graduates have been learning the library operations over a six to eight week training period and are now fully-fledged monitors.

It is wonderful to see the enthusiasm, positivity and commitment all our monitors bring to the library.
Thank-you!

*******NEWSFLASH*******

LIBRARY CAPTAIN SEEN ON A SHOPPING SPREE!

2018 Library Captain, Lily, recently went to Lane Cove Bookery, with teacher-librarian, Mrs Duveck-Steele. Lily selected numerous books that had been suggested by students by way of a suggestion box in the library. She also chose books that were new publications by popular authors and titles that filled gaps in our current collection. The students are very keen to borrow these books!



Just a sample of some the books
purchased!

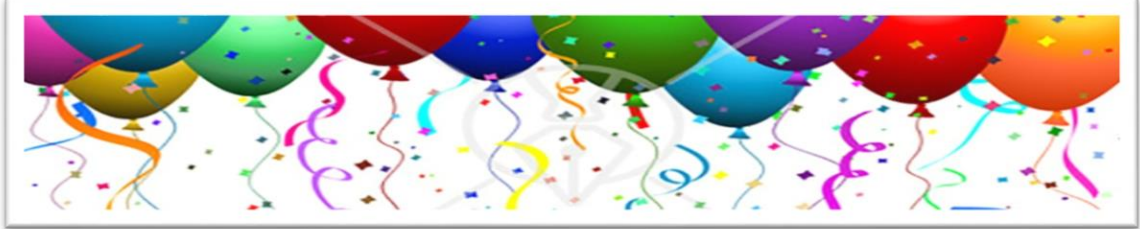


This term it is Stage 2's turn for the Makerspace program. The students are looking forward to participating in a range of activities such as timed challenge tasks, lego wedo program, coding, construction site and more!

Watch this space for photos and updates!

LIBRARY NEWS

Library Monitor Party!!



To show thanks for the support of our monitors we held a party at the end of last term. The students enjoyed a pizza lunch, treats, music and dancing. What a great way to finish the term!



Happy reading adventures!

Gina McCann & Dana Duveck-Steele
Teacher Librarians



Join Mowbray Band in 2019



New students register online at <https://portal.msmlmusic.com.au/mowbrayband>

Mowbray Band is now inviting students currently in **Years 2 and above** to join the Training Band in 2019. No previous musical experience is required and children have a lot of fun learning music and playing in a group with their friends.

Training Band rehearses on Friday mornings weekly before school, and children get the opportunity to perform at school functions and in regional band festivals.

Instruments in Mowbray Band include:

- **Woodwind:** Clarinet, Flute, Oboe, Saxophone
- **Brass:** Trumpet, Trombone, Euphonium & Tuba
- **Percussion:** Drums, Glockenspiel, Timpani, and other percussion
- Bass Guitar

This term we have the following activities to introduce students to Mowbray Band:

- **Meet The Band - Tuesday 6th November 9:15-10:00am** - All current Year 2 students included - please let us know if your child is in another year and would like to attend
- **Applications due Friday 16th November** - To register your interest in joining Training Band in 2019 register online at <https://portal.msmlmusic.com.au/mowbrayband> Children registered will participate in the Blow Tests - this is not a final commitment
- **"Blow" Tests - Wednesday 21st November** - Children who have registered their interest will have the opportunity to try different instruments with the help of professional tutors and Training Band Conductor Mr Darcy Shevlin. Following this we provide parents with a recommendation on which instrument would most suit your child.

More information? If you would like more information, please email the Band committee at mowbrayband@gmail.com or speak to Alison Lumley (parent Band Coordinator).

Mowbray P&C

BEESWAX WRAP WORKSHOP

Book
Now!

at Mowbray Public School
635 Mowbray Road Lane Cove North

Saturday 10 November

1-3 pm Adults \$10 / School-age kids \$5
(incl fabric, wax and take home wraps)

www.mowbraypandc.org.au/mpsbeeswax

Everyone welcome!





PERFORM AT
"CELEBRATE MOWBRAY"

Sign up for Kids Carols, Carols Parent
Helpers and Adult Carollers

www.signupgenius.com/go/30E044BA9AA2CA57-mowbray6



Sign up here....

www.signupgenius.com/go/30E044BA9AA2CA57-mowbray6

Live Life Well @ School

HEALTHY SCHOOL CELEBRATIONS



From birthdays to holidays, there are many celebrations in schools. Each student's birthday can mean multiple birthday cakes and party foods in the classroom...

Let's help kids celebrate with some FRESH ideas:

Hello Creativity

Make a birthday sign, stickers or a badge for your birthday boy or girl to wear

Eat a Rainbow

Pack a NEW fruit or vegetable for Crunch & Sip for the whole class to try or send in fruit kebabs or a fruit platter

Move More

Think of presents that help kids get active at recess or lunch – balls, frisbee, skipping rope

Mini Masterchef

Whip up some tasty fruit or veggie mini muffins or pikelets. Search for recipes at www.cancercouncil.com.au

More tips:

www.healthykids.nsw.gov.au



Health
Northern Sydney
Local Health District

Live Life Well @ School

PLASTIC FREE HEALTHY LUNCHBOX



Be plastic free

Use a lunch box with a variety of sections or a few smaller containers.

Paper bags come in handy.

Avoid plastic wrap, foil, zip lock bags, packaged foods.

Healthy plastic free tips

- Freeze healthy muffins and use each day.
- Cut your own cheese slices and place them with crackers in a small container.
- Pack a handful of dried cereal or snack mix with dried fruit (e.g. apples, sultanas, banana), pepitas and sunflower seeds in a small reusable container.
- Make a smoothie at home and store it in a cold thermos that holds the temperature until recess or lunch time.
- Pop your own popcorn and pack it in a paper bag.



Health
Northern Sydney
Local Health District

Raising Your Child in a Digital World

WITH
Dr Kristy
GOODWIN

Dr Kristy Goodwin, a digital parenting educator, author and researcher (& mum who also deals with her kids' techno-tantrums), translates the latest research about how technology is shaping childhood into essential information for confused and concerned parents. Dr Kristy helps parents make informed decisions about how to best manage screen-time at home (so that it doesn't always end in 'scream time')... and no she won't suggest that you ban the iPad, or unplug the TV!

Parents will understand the latest risks to kids' online safety (including current cyber-safety threats, pornography exposure, introduction of phones and social media), as well as the health and learning



implications of young kids (4-12 years) growing up in a world of screens. Kristy will share her simple formula to calculate healthy screen-time limits and will arm parents with a host of strategies and ideas to prevent techno-tantrums and to help kids develop healthy technology habits. Dr Kristy will explain how technology is impacting kids' learning, sleep, social, language, play, physical skills and their vision, hearing and posture and will arm parents with practical strategies about how to best raise kids in a digital world. Parents will learn how to get the most out of their child's screen-time so they can finally ditch the guilt and guesswork.

SEMINAR DETAILS

DATE: 12 November 2018

TIME: 7pm - 9pm

LOCATION: Mowbray Public School

AUDIENCE: All parents in the community

COST: \$10 per ticket

TICKETS: www.trybooking.com/YOSW



Dr Kristy Goodwin is a leading digital parenting educator, researcher, author & former teacher (and mum who deals with her kids' techno-tantrums). She translates the latest research into essential and digestible information and tips, for parents, educators and health professionals so that they can safely navigate the digital terrain... without suggesting that kids be 'digitally amputated'! Kristy has spoken at and consulted with schools throughout Australia and Asia, she's regularly called on by the media for her expert opinion.

Proudly Hosted By Mowbray Public School



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FETE, FIREWORKS & CAROLS

SATURDAY 8 DECEMBER

3.30PM - RIDES AND STALLS

6.00PM - SAUSAGE SIZZLE

7.30PM - CAROLS ♦ 8.45PM - FIREWORKS

LOTS OF AMUSEMENT RIDES
FREE TODDLER BOUNCY CASTLE • GIANT FUN SLIDE
INTERNATIONAL FOOD • MARKET STALLS
TOMBOLA • DUNK TANK • LOLLY STALL
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SAUSAGE SIZZLE • CAROLS • FIREWORKS

*An afternoon of entertainment and activities for the whole community
finishing with a spectacular fireworks display!*



A community event proudly presented by the Mowbray Public School P&C Association



www.mowbraypandc.org.au/celebrate



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or email region1au@gkrkarate.com



Leaving the school in 2018 or Arriving late in 2019?

Dear Parents/carers,

The first day of school for Year 1 – 6 students next year will be Wednesday 30 January, 2019. Kindergarten students will be completing their Best Start interviews in the first week and officially start on Monday 4 February, 2019.

It is vital, for class and staff organisation purposes, that we know if your child/children will not be returning to Mowbray PS or be returning late next year. Some families take extended holidays in January/February and we need to know your return date so your enrolment can be counted.

This note does not apply to any 2018 Year 6 students.

Please return this note to the office as soon as possible

Not returning in 2019

Name	Class

Signed _____ (parent/carer) Date: _____

Returning late in 2019

Name	2018 class	Expected return date

Reason for late return _____

Signed _____ (parent/carer) Date: _____