

# MOWBRAY NEWS

Term 1 Week 8  
21 March 2024

## PRINCIPAL'S REPORT

### Swimming Results – What a Zone Result!!

Last week our best competitors from our Mowbray swimming carnival went to the Zone carnival, held at Lane Cove pool. Our team was very excited, supported by Rob Balcombe as team manager with Mrs Thomas and Ms Bradshaw as quality timekeepers.

There was a definite buzz from the team as they cheered each other on in their specific races.



A massive congratulations to our students who now go on to regionals.

**Veronica A** - 1<sup>st</sup> in the 8-year-old 50m Freestyle

**Scout E** - 3<sup>rd</sup> in the 9-year-old 50m Freestyle

**Matthew B** - 1<sup>st</sup> in the 8-year-old Freestyle, 3<sup>rd</sup> in the 100m Open Freestyle, 2<sup>nd</sup> in the Junior Boys backstroke, 2<sup>nd</sup> in the Junior Boys Breaststroke, and 2<sup>nd</sup> in the Junior Boys 200m Individual Medley

**Willow E** - 1<sup>st</sup> in the 11-year-old 50m Freestyle, 3<sup>rd</sup> in the 100m Open Freestyle, 1<sup>st</sup> in the 11-year-old 50m Backstroke, 3<sup>rd</sup> in the 11-year-old 50m Breaststroke, and 3<sup>rd</sup> in the Senior 200m Medley

**Barbod T** - 1<sup>st</sup> in the 12-year-old 50m Freestyle and 2<sup>nd</sup> in the Senior 50m Backstroke

A special mention to Willow who is the 11 Years Girls Champion!

What an amazing effort and a huge congratulations to all our competitors.

## PRINCIPAL'S REPORT

### **Harmony Day**

On Tuesday we celebrated Harmony Day with a scavenger hunt and an assembly organised by our EAL/D staff.

Mowbray is such a diverse community, many of our students were in traditional dress from their culture which was wonderful to see. The wearing of orange and day of celebration is a reminder that Australians come from all over the world, and although our cultural background may be different, those differences can be appreciated and celebrated.

Please see the photos on the school Instagram page  mowbraypublicschool

### **P&C 2024**

I would like to thank our 2023 P&C, who have been a dedicated and supportive team to work with. I would like to give a special thanks to those parents who have completed their term; Aly Richards (president) who has been a dedicated P&C member for 8 years, Amy Harbin (Secretary), Amy Tang (Treasurer), Eddie Stanton-Cooke, Courtney Wong and Pat Stauber (Online Executive).

I would also like to welcome our new team Gemma Starzec-Conti (President) with her team Joanne, Jessica, Daniella, Di, Cristina, Heidi, Beau, Angela, Bianca and Antonella.

All our Mowbray students and their families benefit from parents/carers who volunteer, especially for the P&C!

### **Attendance Matters**

Education in NSW is compulsory for all students from the age of 6. Once enrolled, children are required to attend school each day it is open for students.

Having students arrive on-time:

- Ensures that students do not miss out on important learning
- Helps students learn the importance of punctuality and routine
- Gives students time to greet their friends before class
- Reduces classroom disruption

Lateness is officially recorded as a partial absence and must be explained by a parent/carer.

It is important to remember that 5 minutes late each day is 3 days of education missed per year. This can have serious impact on your child's ability to learn and make friends.

On occasion, your child might be away from school. The NSW Government justified reasons for student absences may include:

- Being sick, or having an infectious disease
- Having an unavoidable medical appointment
- Being required to attend a recognised religious holiday
- Exceptional or urgent family circumstances (e.g. attending a funeral)

Families are encouraged to travel during the school holidays, which can be found here <https://www.nsw.gov.au/about-nsw/school-holidays>

Following an absence from school, parents are asked to give written explanation via School Stream (school information – absentee form 2024) or email your child's teacher.

## PRINCIPAL'S REPORT

The reporting student absences system is changing in Term 2, 2024. Information will be included in the week 10 newsletter.

As part of the new school plan the Department of Education is expecting us to raise school attendance for all our students at **over 94.4%**.

**CAROLINE ALFORD – PRINCIPAL**



## PRINCIPAL'S REPORT

### CONGRATULATIONS to the students who will receive Awards:

#### **K – 2 GOLD AWARDS – presented at Assembly on 26 March**

1F	Sascha F
1S	Alicia V
2PH	Nilani H, Keagan G
2W	Meisa T, Harley B

#### **STAGE 2 GOLD AWARDS – presented at Assembly on 21 May**

3T	Eva R, William G
3/4R	Victoria W
4CP	Zoe L, Matilda B, Alexandra L M
4F	Veronica A
4H	Bon Q

#### **STAGE 3 GOLD AWARDS – presented at Assembly on 2 April**

5L	Hanna S
5/6H	Zalia J, Raiyaan T
6B	Marcelo L M

### DATES TO REMEMBER – Term 1 2024

<b>WEEK 9</b>	
<b>Tuesday 26 March</b>	<b>K – 2 Assembly hosted by 1EV at 2.00pm</b>
<b>Friday 29 March</b>	<b>PUBLIC HOLIDAY – GOOD FRIDAY</b>
<b>WEEK 10</b>	
<b>Monday 1 April</b>	<b>PUBLIC HOLIDAY – EASTER</b>
<b>Tuesday 2 April</b>	<b>Stage 3 Assembly hosted by 5M at 2.00pm</b>

## OFFICE NEWS

**Correspondence** – when sending any emails or forms to the office, please include your child's name and class so that we can ensure prompt action.

**Term Accounts** are now due and can be paid via the School Bytes Payment Portal. Please pay your account promptly. If you have not received it please check your junk mail.

**Book Club Issue 2**– Orders will close on Friday March 22. Books can be ordered online using the link:

[LOGIN \(scholastic.com.au\)](https://www.scholastic.com.au)

**MOWBRAY OFFICE TEAM**

## SCHOOL NEWS

### Harmony Week at Mowbray

On Tuesday 19th March 2024, we celebrated **Harmony Day** at Mowbray Public School. We held a mufti day to celebrate this year's theme '**Everyone Belongs**'. Students dressed up in their traditional national costume or wore a piece of orange clothing to show their support for the many different cultural backgrounds here at MPS.

**HARMONY  
WEEK**

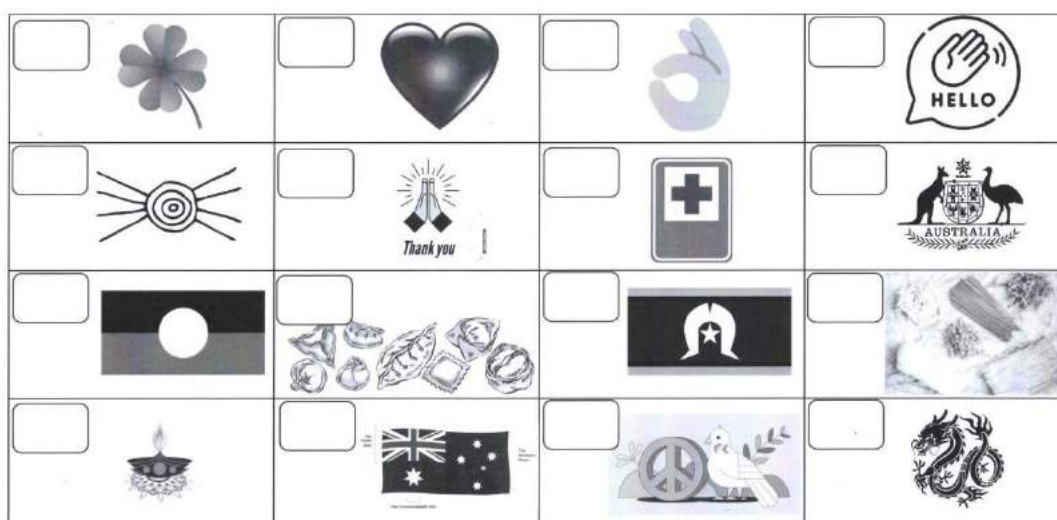
Mowbray students also went on a **Harmony Day Scavenger Hunt**. To embrace the ORANGE theme of social communication and meaningful conversations, parents/guardians are invited to discuss and share knowledge of the following scavenger hunt symbols with their children.

**JOIN US IN  
CELEBRATING**

**EVERYONE BELONGS**



For example, the 'Thank you' sign, how might your cultural background signal 'Thank you'? The heart sign, who designed it? How do you signal 'I love you'? The hello sign, how might different cultures greet one another? Noodles, how are noodles made in different countries? Which noodle types would you like to try?



**Please join us in encouraging meaningful conversations, sharing of interesting ideas and valuing mutual respect!**

- **Ms Tam, EALD Teacher**

## SCHOOL NEWS

### Mowbray Zone Swimming Success

Last Thursday, a team of 22 Mowbray students attended the North Shore Zone Swimming Carnival at Lane Cove Pool. It was a very successful day in the pool with 5 students making it through to the regional carnival. Congratulations to Scout 3B, Veronica 4F, Matthew 4H, Willow 5AE and Barbod 6T who will be representing Mowbray at regionals in a couple of weeks and a special mention to Willow, who was named the 11 year girl's age champion.

- **Mrs Thomas and Ms Bradshaw**



Below is what a few of our students had to say about their day at zone:

'I enjoyed my day at zone - there was lots of cheering and even though there were a lot of very determined, competitive swimmers, there was good sportsmanship all round. I really liked that after competing, everyone congratulated each other and became friends.'

- **Shahan 6T**

'I really enjoyed competing at the zone swimming carnival. I saw lots of old friends and made some new ones. The weather was great, the sun was shining and there was lots of good competition and good sportsmanship. It was a really fun day.'

- **Barbod 6T**

'It was a really hot day, just the sort of weather I like for swimming. The races were called so quickly that I hardly had time warm up. My first event of the day was the 200 medley. It was nerve wracking waiting on the chairs in the marshalling area. I felt bad having to race against my 8 year old sister Scout in the Open 100 Freestyle but I'm glad that she was successful in her race and will also compete at regional. I'm looking forward to regional and think I have more of a chance of getting through to state because I have more events than last year.'

- **Willow 5AE**





## SCHOOL NEWS





## SCHOOL NEWS

### PSSA Oz-Tag - Gala Day Fun



On Friday the 8th and 15th of March, Year 5 and 6 students attended Oz-Tag Gala Days at Blackman Park. These ran for the whole day, with students playing 4-5 games per day, depending on success and if they made it to the finals for their pool.

Congratulations and well done to all student athletes who represented MPS with such great skill, enthusiasm and teamwork. We faced some tough competition against other schools in our area, such as Greenwich, Willoughby, Artarmon, Middle Harbour and Neutral Bay.

Our teams experienced varying levels of success - but everyone had a good time regardless. Below are some recounts from students who participated.

“Being on the Oz-Tag Gala Day team is a privilege. Being on a team with all your friends makes your week. The amount of sportsmanship on these fields is exceptional and that leads to new friends being made”

**- Barbod T, Sebastian G-L and Eoghan O**

“Over these two Fridays, we’ve had lots of fun, made new teamwork skills and learned to appreciate everyone around us”

**- Connor S and Noah W**

## SCHOOL NEWS



“These two Fridays have been the highlight of our school term so far. We have had loads of fun beating other teams, as well as losing gracefully. We have improved our teamwork skills so much since we started and we got to know our teammates so well and are excited to play together again”

- **Naomi O, Zalia J and Emily S**

“These two Fridays have been great fun. It is fun to win and enjoy ourselves in Oz-Tag. It has been a great experience. It has been a pleasure representing Mowbray and it’s a time to remember for my life”

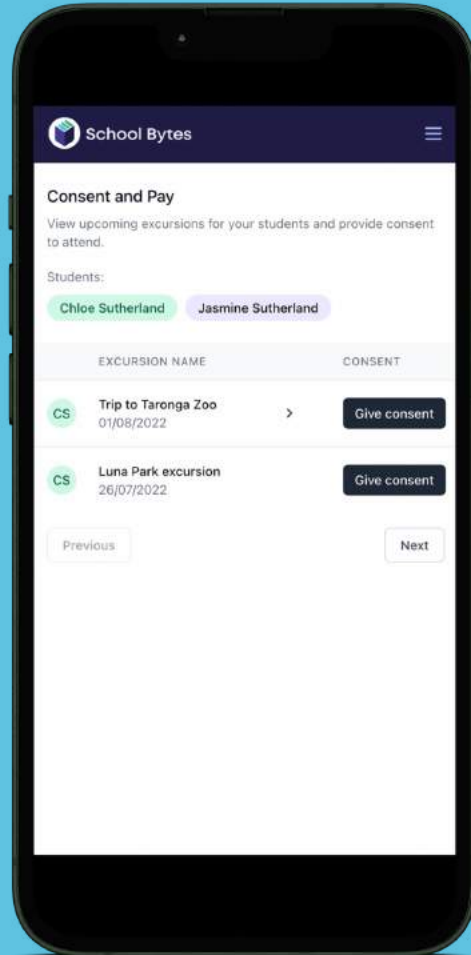
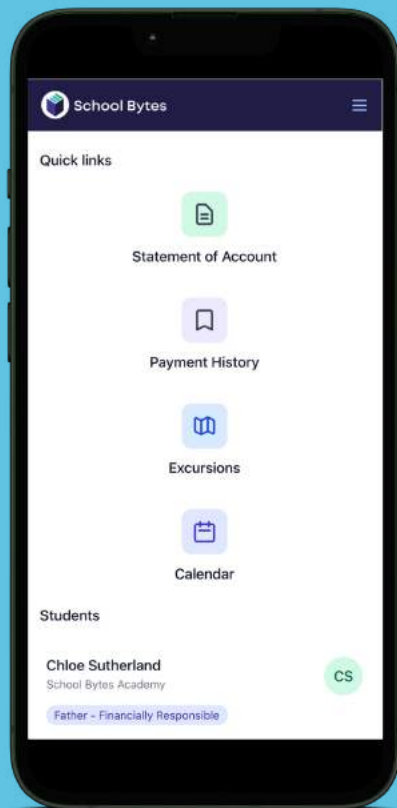
- **Arav P and Riddho R**





# AVAILABLE NOW!

We are excited to announce that Mowbray Public offers a flexible and simplified way for parents and carers to make payments



## The Parent Portal

- Easily make a payment online
- Download your receipt
- Use any credits on your account to make payment
- View your complete payment history
- Online payments are processed in real time



School Bytes

REGISTER  
NOW

Register for the Parent Portal via the  
QR Code or visit

<https://portal.schoolbytes.education>







# P&C News

Mowbray Public School P&C Newsletter

## NEXT P&C MEETING

Tue 14 May, 7:30pm  
(in the library and online)

## MEET OUR NEW P&C EXECUTIVE TEAM



**President**  
Gemma Starzec-Conti



**Secretary**  
Antonella Monaco



**Treasurer**  
Daniella Kucic



**Vice President**  
Jessica Stubbs



**Vice President**  
Joanne Jenkinson



## P&C MEETING & AGM

## EXECUTIVES / REPRESENTATIVES



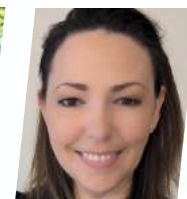
**Music Convenor**  
Cristina Villamyor



**Music Convenor**  
Diana DeBelin



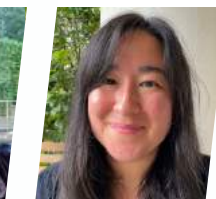
**Online Lead**  
Bianca Rutten



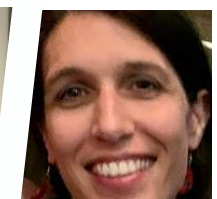
**Events & Fundraising Lead**  
Heidi Gutry



**Executive**  
Beau Gutry



**Executive**  
Angela Sharpe



**Second Hand Uniform Representative**  
Victoria Taylor

 [info@mowbraypandc.org.au](mailto:info@mowbraypandc.org.au)

 [www.mowbraypandc.org.au](http://www.mowbraypandc.org.au)

 [www.facebook.com/groups/MPSFF](https://www.facebook.com/groups/MPSFF)

 [@mowbrayfamiliesandfriends](https://www.instagram.com/mowbrayfamiliesandfriends)



# P&C News

Mowbray Public School P&C Newsletter

## Message from the President

Dear Mowbray Public School Community,

It is with great honour and excitement that I step into the role of President for the Mowbray P&C this year. Before we embark on this new journey together, I would like to take a moment to extend my heartfelt appreciation to our outgoing President, Aly Richards, for her exceptional leadership and dedication over the past three years. Aly's tireless efforts, both seen and unseen, have played a pivotal role in making our school community thrive.

I also want to express my gratitude to the outgoing 2023 Executive team for their hard work and remarkable achievements throughout the past year. Your contributions have left a lasting impact on our school, and we are immensely thankful for your service.

To all who have volunteered for executive and representative positions in 2024, thank you for your commitment to our school community. Together, we will chart our course for the year ahead. Our focus will be on supporting the school and its community. This year we plan to make a donation of \$100,000 to the school to extend the play spaces that were initiated in 2023, ensuring our school remains one of the best in NSW.

Events and fundraising activities organised by the P&C are cherished by students, families, staff, and community members alike. They foster a sense of belonging, create opportunities for connection, and serve as moments of celebration. None of this would be possible without the dedicated volunteers who generously donate their time and energy. As we look ahead, I am hopeful that the spirit of volunteerism continues to flourish, enabling us to execute all planned events successfully.

For those interested in learning more about the P&C and how you can contribute, please visit [www.mowbraypandc.org.au](http://www.mowbraypandc.org.au) or reach out to us at [info@mowbraypandc.org.au](mailto:info@mowbraypandc.org.au). Stay informed through your class parents, School Stream, or join our Mowbray Public School Families & Friends Facebook group for updates and discussions.

I am eager to connect with each of you throughout the school year, and together, I am confident we will make a positive impact on our beloved school community.

Gemma Starzec-Conti

President - Mowbray Public School Parents and Citizens Association





# P&C News

Mowbray Public School P&C Newsletter

# Chocolate RAFFLE



*15 delicious prizes to be won!*

- 1st Prize – Mega Choc-alicious Hamper
- 2nd Prize – Medium Choc-tastic Hamper
- 3rd Prize – Small Choc-ariffic Hamper
- 4th & 5th prize – Small Choc-ariffic Basket
- 10 x Runner Up Prizes – Choccy-treat Bag

**CLICK  
HERE**  
to buy tickets

**BUY OR SELL RAFFLE TICKETS!** Tickets are available online only until Thursday 21 March. Tickets from \$5 each.

Go to [www.raffletix.com.au/mowbraychocraffle2024](http://www.raffletix.com.au/mowbraychocraffle2024)

Draw Friday, 22 March 2024

The raffle winners will be drawn on Friday, 22 March 2024 at Mowbray Public School, 635 Mowbray Rd, Lane Cove North using the raffletix platform. Winners will be announced online and contacted via email. Enquiries to [fundraising@mowbraypandc.org.au](mailto:fundraising@mowbraypandc.org.au)

A fundraising event presented by Mowbray Public School P&C Assoc.



# Interested In Ideas To Support your Child's Emotions?



All parents (K-6) are invited to join our  
free parent webinars (series of 2).

## **Dates:**

**Part 1:** Wednesday 27th March  
AND

**Part 2:** Wednesday 3rd April

**Time:** 6.30 – 8.00pm

## **Online via Zoom**

**To register, please click the below  
link:**

**REGISTER**



## **The webinars cover:**

- Emotional Intelligence and the impact on wellbeing.
- Children's brain development.
- Research on the styles used when responding to children's emotions.
- The Emotion Coaching framework that helps guide children through their emotional experiences.



**Health**  
Northern Sydney  
Local Health District

# AUSTRALIA'S MOST POPULAR CHILDREN'S BASKETBALL PROGRAM



**BASKETBALL GAMES AND SKILLS WITH OUR ELITE COACHES**



- 8 WEEK DEVELOPMENT PROGRAM FOR KIDS AGED 4-12 YEARS
- LOCATION - SHORE SCHOOL, NORTH SYDNEY 2060
- COMMENCING ON 12TH MAY, 2024
- ALL SKILL LEVELS ARE WELCOME



**0405 397 665**



**northsydney@littleboomersbasketball.com.au**



**SCAN QR CODE**





# APR '24 SCHOOL HOLIDAY CAMP

Tue 16 Apr - Thu 18 Apr, 9am - 1pm

Blackman Park, Lloyd Rees Dr, Lane Cove West  
BOYS & GIRLS 4-15 YEARS \$286<sup>INC GST</sup> | **New players will receive a complimentary camp kit**  
Register at [justfootballacademy.com.au/lanecovecamp](https://justfootballacademy.com.au/lanecovecamp) | Enquiries can be made on 1300 724 189

